

North Craven Children's Centre Programme

September - December 2011



Children and Young People's Service

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Talk to your Baby 10.30am - 11.30am 5 week course 19th September - 17th October North Craven Children's Centre (for ages 18 months and under)</p> <p>Shake, Rattle and Roll 2.00pm - 3.00pm 6 week course 12th September - 17th October North Craven Children's Centre</p>	<p>Bumps and Babies 2.00pm - 3.00pm 6th Sept, 4th Oct, 1st Nov, 29th November North Craven Children's Centre</p> <p>Midwife clinic 2.00pm - 4.00pm Weekly North Craven Children's Centre Please contact your midwife to book an appointment.</p>	<p>Stay and Play 2.00pm - 3.30pm Weekly North Craven Children's centre</p>		
	<p>Stay and Play 1.30pm - 3.00pm Weekly St John's, Settle Please note there will be no session 25th October.</p>		<p>Chatterbox 1.30pm - 2.30pm 5 week course 3rd November - 1st December Friend's Meeting House, Settle For ages 2 - 5 years</p>	
<p>Bumps and Babies On the following dates: 5th Sept, 3rd Oct, 31st Oct, 28th Nov</p> <p>Sticky Fingers On the following dates: 12th Sept, 10th Oct, 14th Nov, 12th Dec</p> <p>Music and Story time On the following dates: 19th Sept, 17th Oct, 21st Nov, 5th Dec</p> <p>Family Cooking On the following dates: 26th Sept, 7th Nov All the above are held at Ingleton Primary School Community Room 1.30pm - 2.30pm</p>	<p>Sunbeams (For parents of children with disabilities and additional needs) 1.30pm - 3.00pm Weekly Ingleton Primary School. Community Room</p>	<p>Child Health Clinic 2.00pm - 4.00pm Fortnightly starting on 14th September Ingleton Primary School. Community Room (The Children's Centre will also be attending these sessions)</p>	<p>Baby Massage 10.30am - 11.30am 5 week course 3rd November - 1st December Ingleton Primary School Community Room</p>	<p>Babies Into Everything! 10.30am - 11.30am 6 week course 16th September - 21st October Ingleton Primary School Community Room (For babies up to one year)</p>
			<p>Stay and Play 9.30am - 11.00am Weekly High Bentham Primary School</p>	

Please note: Sessions running in Hellifield are red, Settle are pink, Bentham are black and Ingleton are green.

Baby Massage

Take time to relax, bond and communicate with your baby. This course which can help with bonding and relaxation is for all babies from 6 weeks - 6 months.

This is a 5 Week course running from 3rd November - 1st December

10.30am - 11.30am. At Ingleton Primary School. Community Room

Please call 01609 533990 to book your place.



Dental Screening

For children under 12. A quick look at your child's teeth with a mirror. Informal, relaxed environment. Oral health advice.

Tuesday 25th October 2011.

1.00pm - 2.30pm

North Craven Children's Centre.



No need to book just turn up.

Shake, Rattle and Roll

Gym and movement class, climb, jump, twirl, explore, help develop balance, control and movement skills.

For Ages 1 year and over

This is a 6 week course running from 12th September - 17th October.

2.00pm - 3.00pm at North Craven Children's Centre, Hellifield.



No need to book just drop in.

Contact us

North Yorkshire County Council, County Hall,
Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open:

Monday - Friday 8.30am - 6.00pm and

Saturday 9.00am - 12.00pm Tel: 0845 8727374

Email: customer.services@northyorks.gov.uk

Or visit our website at: www.northyorks.gov.uk

If you would like this information in another language or format such as Braille, large print or audio, please ask us. Tel: 01609 532917
Email: communications@northyorks.gov.uk



Children's Centres: giving children the best start in life.

Each Children's Centre has a hub or base where activities take place, but also aims to co-ordinate and deliver services in a range of venues across the local area so as to enable families to access them more easily. Centres provide a universal range of services including:

- Access to community health services
- Outreach services to vulnerable families
- Information and advice
- Support to childminders
- Activities for children and parents/carers
- Links with JobCentre Plus

Other activities, some of which will be subject to a charge, will reflect the needs of the local community and might include early learning and childcare, parenting support and opportunities for adult learning.



Visit our website www.nyfamilies.info

Or call our friendly team on **0845 6011 630**

You could also email us at fis.information@northyorks.gov.uk

Or text **07624 802 425**

A little bit of information about our sessions...

- *Sticky Fingers**
Come along and get creative! Make something which you can take home. We will have lots of different craft activities for you to try
- *Talk to your Baby**
Talk, Read and Sing with your baby. Move into the next developmental stage of walking, talking and discovery.
- *Stay and Play**
Activities include singing & story time, messy play, arts & crafts. Sessions running at Hellifield, Bentham and Settle.
- *Bumps and Babies**
An informal get together for new and expectant parents. This is the chance to meet with other parents at the same stage.
- *Babies Into Everything!**
Help aid development of language through songs, books and chatter! Bond with your baby through activities to build your confidence and discover just how amazing your baby is!
- *Chatterbox!-**
A fun session helping your child to develop language and communication skills through play and exploration.
- *Family Cooking**
Practical and tasty dishes you can make with your children
- *Music and Story Time**
Songs and stories around a different theme each month

Contact Us



North Craven Children's Centre
Phone: 01609 533990

Email: northcravenCC@northyorks.gov.uk

Fax: 01729 850789

Write to us at: North Craven Children's Centre, Kendal Road, Hellifield, BD23 4HA

How to find us: We are located in the grounds of Hellifield Primary School on the A65. If you need directions at all then please just get in touch



Adult Learning

All the following are held at North Craven Children's Centre
Wednesday 14th September 9.30am - 2.30pm. Introduction to working in schools

Wednesday 28th September - 7th December (No session on 26th Oct) 9.30am - 11.30am
Access to working in schools

Wednesday 28th September - 23rd November 12.00pm - 2.00pm same dates as above Access to schools numeracy

Wednesday 30th November - 7th December 12.00pm - 2.00pm. Access to schools literacy

For more information or to book a place please call adult learning on 0845 300 2414



Sunbeams – Especially For Us!

A parent run support group for parents/carers of children with disabilities and special needs. Meet other families for information, support and advice in a friendly and relaxed environment.

We meet every Tuesday from 1.30pm -3.00pm
At Ingleton Primary School.
Community Room

Volunteering in Children's Centres

We are always looking for volunteers and parent helpers at our Children's Centre if you are interested in volunteering please call the Children's Centre Manager
Natalie Baxter on 01609 798560

